

May we chat, eat or use our phones to communicate with others inside the church?

No! because Our Lord Jesus is really present in the Blessed Sacrament. To show our reverence for His Real Presence in the tabernacle, we should not chat, eat or use our phones as we usually do outside the church. Saint Jacinta Marto (1910-1920), one of the 3 little shepherds who saw Our Lady in Fatima, Portugal in 1917, said, **“Our Lady does not want people to talk in church!”** Besides, we should fast for one hour before receiving Holy Communion.

Is it sinful to wear indecent clothes?

Yes! because a woman wearing indecent clothes (e.g. low-cut dresses and leggings) in public arouses sexual desire in men and causes them to commit adultery in their hearts (Mt 5:28). The following is a true story told by Father F. X. Schoupe, S. J. in his book *Hell* (Rockford, Illinois: Tan Books and Publishers, 1989, p.81). **A very pious lady asked God to make known to her what displeased Him most in women. Then she saw a woman in the fires of hell. The woman in hell was a friend of hers who had died a short time before. This sight caused her as much astonishment as grief: her friend did not seem to her to have lived badly. Then her friend said to her, “It is true that I practiced religion, but I was a slave of vanity. Ruled by the passion to please, I was not afraid to adopt indecent fashions to attract attention, and I kindled the fire of impurity in more than one heart.”**

A TESTIMONY

In August, 2017, I was at a Youth Center where I spotted a young girl sitting alone. She was talking on her mobile phone, looking unhappy. When she was done, I approached her and started chatting with her. I learned that she had finished junior high in a Catholic school. Even though she was not a Catholic, she believed in God. Therefore, I invited her to pray with me. To my surprise, she asked me not to go away after finishing the prayers. She wanted to talk to me about her troubles. Her life was filled with heartaches and misfortunes. Her parents divorced many years ago and after that her father never cared about her. Her relationship with her mother was not good, either, and they have frequent quarrels. Recently she was extremely upset because her boyfriend had another girlfriend and he said bad things about her in front of others. She did not tell her mother what she was going through as both her mother's mother and boyfriend were sick. She did not want to add another burden on top of her mother's worries so she kept everything to herself. She could not fall asleep at night so she passed her time at the Youth Center until very late. Not knowing what had happened to her, her angry mother threatened that

if she came back home so late again, the door would be locked and she would not be able to get in. Just the night before, she arrived home after midnight and found the door was really locked and she had to spend the night at the Youth Center... I tried to enlighten her with the Word of God and teach her to pray. I first said, "Your father should not have abandoned you. What he did was wrong. Yet his wrongdoing was permitted by the Heavenly Father, because Jesus said, **'For only a penny you can buy two sparrows, yet not one sparrow falls to the ground without your Father's consent.'** (Matthew 10:29 Good News Translation) Without the permission of God, not even a sparrow falls to the ground, so without the permission of God, your father could not have abandoned you." "Why did God allow your father to abandon you? The Bible said, **'God is love.'** (1 John 4:8) Therefore, if God allowed your father to abandon you, your father's abandonment must do you good. Although you don't understand why this is beneficial to you, just as little children don't understand why it is beneficial to them for their mothers to leave them in the kindergarten. Many kids cry loudly on the first day of kindergarten with the fear of losing their mothers, not knowing that going to kindergarten is, in fact, good for them." "You have to believe that God is love and that whatever He allows to happen to you is good for you. Now thank God for the fact that your father abandoned you. Say this prayer ten times sincerely with me, **'THANK YOU, LORD! PRAISE YOU, LORD!'** The girl prayed with me immediately. After saying the prayer ten times, I asked her, "Feeling better?" "Yes," she replied. Then I continued, "From now on, whenever you have time, pray in this way for your relationship with your father." Then, I taught her to pray for her relationship with her mother by reciting the same prayer. Similarly, she felt better after saying the prayer 10 times. "Now pray for your boyfriend," I said. "No! He is a bastard! He used me! He cheated on me and spoke ill of me!" she snapped immediately. I told her to think of God's love for her. I said, "How nice Jesus is to you! He is the Son of God. Only He can call God His Father. You are human. You are not qualified to call God your Father, just as a cat is not qualified to call you mother. However, Jesus elevates you when He teaches you to say the prayer 'Our Father'. He says, 'Please call my Father **OUR FATHER**. Let my Father be your Father too!' " In this way, Jesus grants His loving Father to you." "Since God is your Father, you are then His princess. Who is God? He is the King of the universe! Since your Father is the King, naturally you are a princess. Remember that you are a princess and you have a very high status. If someone offends you, do you have the reason to be sad? No, because you are a princess! If you find that you have a lot of weaknesses and flaws, do you have the reason to feel inferior? No, because you are a princess! " "However, you have to know that you are not the only princess on earth. Other people are also God's beloved princesses and princes. Even your boyfriend is a prince. Now to make your Heavenly Father happy, can you be nicer to your boyfriend? Obey Jesus, who says, **'Love your enemies.'**(Mathew 5:44) You might think it is impossible to love your enemies, but Jesus explains this with what follows, **'and pray for those who persecute you.'** (Mathew 5:44) If you start praying for those who persecute you, you have already loved your enemies. Now say this prayer sincerely with me ten times, **'BLESS HIM, LORD!'** " The girl said the prayer ten times with me right away. She felt better soon afterwards. I asked her to say the prayer ten more times. When that was done, she happily said to me, " Now all my troubles are gone!"

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